

REPRESENT SCOTLAND AT WORLDWIDE CHEERLEADING COMPETITIONS FOR SEASON 2023-24

OVERVIEW

SportCheer Scotland are looking for the best All Star teams in Scotland to represent our country in various divisions at the following ICU competitions:

- ICU World Cheerleading Championships, Orlando, Florida, 22nd-24th April 2026
- ICU International Cheerleading Cup, Orlando, Florida, 25th - 26th April 2026
- ICU European Championships, Prague, Czechia 3rd-5th July 2026

ICU hosts these competitions annually and SportCheer Scotland can provide the opportunity for allstar teams the opportunity to participate in the competition. Teams would compete under the own allstar programme name or Team Scotland depending upon the competition. In both instances however, teams would be recognised as Scotland's entry. SportCheer Scotland are therefore responsible for ensuring that the selected programmes meet our minimum operating criteria.

PLEASE NOTE ALL STAR TEAMS MUST BE A REGISTERED SPORTCHEER SCOTLAND CLUB MEMBER TO BE CONSIDERED.

DIVISIONS

Each of the competitions that have available bid opportunities provide different divisions. Please read the table below carefully.

Division	ICU Cheerleading World Cheerleading Championships April 2026	ICU International Cheerleading Cup, Orland April 2026	ICU European Cheerleading Championships, Czechia, July 2026
Cheer			
Youth All Girl Median Cheer <ul style="list-style-type: none">• similar to Level 3, females• minimum 16, maximum 24 athletes	Yes	Yes	Yes
Youth Co-Ed Median Cheer <ul style="list-style-type: none">• similar to Level 3, males/females• minimum 16, maximum 24 athletes	Yes	Yes	Yes
Junior All Girl Advanced Cheer <ul style="list-style-type: none">• similar to Level 4, females• minimum 16, maximum 24 athletes	Yes	Yes	Yes
Junior Co-Ed Advanced Cheer	Yes	Yes	Yes

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<ul style="list-style-type: none"> • similar to Level 4, males/females • minimum 16, maximum 24 athletes 			
Senior All Girl Elite Cheer <ul style="list-style-type: none"> • similar to Level 5, females • minimum 16, maximum 24 athletes 	Yes	Yes	Yes
Senior Co-Ed Elite Cheer <ul style="list-style-type: none"> • similar to Level 5, males/females • minimum 16, maximum 24 athletes 	Yes	Yes	Yes
Performance Cheer (Dance)			
Youth Freestyle Pom <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	Yes	Yes
Youth Hip Hop <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	Yes	Yes
Junior Freestyle Pom <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	Yes	Yes
Junior Hip Hop <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	Yes	Yes
Junior Jazz <ul style="list-style-type: none"> • minimum 18, maximum 24 athletes, males and/or females 	No	No	Yes
Senior Freestyle Pom <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	No	Yes
Senior Freestyle Pom Doubles <ul style="list-style-type: none"> • 2 athletes, male and/or female 	Yes	Yes	Yes
Senior Hip Hop <ul style="list-style-type: none"> • minimum 16, maximum 24 athletes, males and/or females 	Yes	No	Yes
Senior Hip Hop Doubles <ul style="list-style-type: none"> • 2 athletes, male and/or female 	Yes	Yes	Yes
Senior Jazz <ul style="list-style-type: none"> • minimum 18, maximum 24 athletes, males and/or females 	Yes	No	Yes

Please note that ICU rules, scoring and age categories are different from both USASF and IASF therefore it is your responsibility to ensure your team application conforms to these rules. The rules can be found by clicking the relevant competition here: <https://cheerunion.org/championships/>

ELIGIBILITY

All competitors must satisfy the following conditions:

- Age of Athlete – World Cheerleading Championship:
 - Youth – born 2011 - 2014
 - Junior – born 2007 - 2011
 - Senior – born 2010 or before
- All coaches must satisfy the following conditions:
 - Be a current PVG member
 - Adhere to the SportCheer Scotland Minimum Operating Requirements
 - Be a current club member of SportCheer Scotland
 - Complete roster including alternates/substitutes (Team leader must confirm all athletes are age eligible), if including alternates/substitutes, please specify.

EXPECTATIONS OF SELECTED TEAMS

VIDEO ENTRIES: When filming your video application, please ensure all athletes are dressed in black with no Allstar logos visible. The background of the videos must also be free from any Allstar branding. This allows for fair judging based on routine/athleticism only. Video entries must be of the style in which you wish to represent our country in at the available ICU competitions. Length of routine must be between one (1) minute & fifty (50) seconds to two (2) minutes & fifteen (15) seconds.

COACHES REQUIREMENTS: Coaches must have up to date and valid qualification in the chosen coaching discipline and be responsible for understanding the ICU rules and scoresheets for the relevant level and discipline, please note these rules are completely different from IASF. Each Coach must be a member of the PVG Scheme along with a current child protection/safeguarding qualification. Coaches should also be a qualified First Aider. All staff and volunteers needing access to the warm-up and coaches viewing area/music must also be a member of the PVG Scheme.

TEAM ROSTER: Proposed team must include at least 80% of athletes who will be included on teams' final roster. Teams must have at least sixteen (16), Senior Jazz eighteen (18) competitors including an additional five (5) reserves per routine. Roster must be completed with athletes name, age & date of

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birth, scanned & attached to video entry. If successful, a copy of athlete's passport must also be sent to SportCheer Scotland. Athletes' passport must be valid with a minimum of six (6) months past the date of return from Championships.

MUSIC LICENSE: All music must be licensed, and a copy of the license must also be sent alongside your video entry. Any entries which are submitted without proof of music license will not be processed any further. If music used in video entry will not be utilised in 2026 Championships, new music license must be submitted alongside acceptance of representation. Music must not contain any reference to Allstar programme.

TEAM SELECTION: Video entries will be submitted to a panel of judges following ICU guidelines. Team selections will be announced as soon as possible after the selection process. No later than four (4) weeks after the video entry deadline. Once selected, you have a max of forty-eight (48) hours to accept, or SportCheer Scotland has the right to move on with another team. If successful, all athletes along with Allstar programme must become members of SportCheer Scotland.

FINALISATION OF ROUTINE: SportCheer Scotland will coordinate dates for the National Team Committee or its appointed individuals to come in and work directly with your team and finalise the routine/s. All members are required to be at this practice. Monthly communication/videos of routine must be made available to SportCheer Scotland on request.

FUNDING: At the present time there is no funding available for athletes, coaches or officials; therefore, the trip is entirely self-funded. Teams will be responsible for all expenses as well as athlete training, music and associated licencing and items that go into costs are, but not limited to; competition entry, transportation, hotel costs, competition costs, uniform/costume hire, athlete apparel packages and food. SportCheer Scotland has fundraising ideas and a platform to assist your team with their efforts therefore is happy to assist where possible. You are welcome and encouraged to do fundraisers with your programme.

TEAM SCOTLAND APPEARANCES: All athletes must be available to attend Team Scotland showcases as deemed appropriate by SportCheer Scotland. All athletes must also be available to attend at least one (1) training sessions alongside all other National Teams. Locations will be decided by SportCheer Scotland and not by the Allstar team.

COMPETITION REQUIREMENTS: Teams must arrive at least two (2) days prior to any competitions although we recommend arriving up to five (5) days before, particularly for long-haul or where acclimation to weather and humidity is a concern. All athletes & coaches will be required to attend any ICU allocated training slots. Selected team must also be available to attend opening ceremonies as prescribed by the event organiser.

APPLICATION PROCESS

STEP ONE: Initial Application

- A signed SportCheer Scotland Coach Code of Conduct
- A copy of a valid cheer/dance coaching certificate
- A copy of a valid first aid certificate
- A copy of a valid child protection/safeguarding training certificate
- A copy of a PVG Scheme Membership certificate including PVG membership number
- Application fee of £50

STEP TWO: Video Entry

- Video of athlete introducing themselves and their date of birth
- Landscape video of your team performing the style in which you wish to represent our country. Length of routine must be between one (1) minute & fifty (50) seconds to two (2) minutes & fifteen (15) seconds.
- Video of the Head Coach/Programme Owner answering the following questions;
 - Why do you wish to represent Scotland in the division you are applying for?
 - What advantages/benefits you as a coach can bring to SportCheer Scotland's international presence?
 - Three things you hope to gain from the experience for your team and/or yourself as a coach?

If you have any questions concerning the application process you should contact SportCheer Scotland via email, info@sportcheerscotland.org.uk