

## **ANTI-DOPING POLICY**

### **1. Introduction**

1.1 This Anti-Doping Policy (hereafter referred to as "the Policy") has been established by SportCheer Scotland to ensure fair play, integrity, and the protection of the rights and health of athletes in all sports under its jurisdiction.

1.2 The Policy is aligned with the [World Anti-Doping Agency \(WADA\) Code](https://www.wada-ama.org/en/resources/code-of-conduct) (the code), and its international standards. It also aims to ensure the enforcement of the same rules set out by UK Anti-Doping Limited. These rules can be found here: <https://www.ukad.org.uk/anti-doping-rules>

### **2. Purpose**

2.1 The primary purpose of this Policy is to prevent, deter, and detect doping in sport, thereby upholding the principles of fair competition, ethical conduct, and the pursuit of excellence.

2.2 This Policy applies to all athletes, coaches, officials, medical personnel, and other individuals involved in sports under the jurisdiction of SportCheer Scotland.

### **3. Prohibited Substances and Methods**

3.1 The Policy strictly prohibits the use of substances and methods listed in the current World Anti-Doping Agency (WADA) Prohibited List.

3.2 Athletes are responsible for familiarising themselves with the Prohibited List and are subject to testing at any time, both in and out of competition.

### **4. Testing and Investigations**

4.1 SportCheer Scotland, in collaboration with relevant event producers such as International Cheer Union (ICU) and European Cheer Union (ECU), will support the conduct both in-competition and out-of-competition testing.

4.2 Athletes may be selected for testing based on a random draw, intelligence received, or targeted testing criteria.

4.3 Refusing to submit to a doping control test, or evading or tampering with the testing process, will be considered a violation of this Policy.

4.4 Investigations will be carried out for alleged anti-doping rule violations, with appropriate disciplinary action taken if violations are confirmed.

## **5. Therapeutic Use Exemptions (TUEs)**

5.1 Athletes with legitimate medical conditions requiring the use of prohibited substances may apply for a TUE in accordance with WADA's International Standard for Therapeutic Use Exemptions.

5.2 TUE applications will be reviewed by an independent TUE Committee to ensure that the medical need justifies the use of the prohibited substance.

## **6. Education and Awareness**

6.1 SportCheer Scotland is committed to promoting education and awareness programs on anti-doping policies and practices.

6.2 Athletes, coaches, and support personnel will be provided with UK Anti-doping resources to enhance their understanding of anti-doping rules, the risks associated with doping, and the importance of clean sport. This includes highlighting of the [100% Me](#) initiative and [CleanSport Hub](#) by UK Anti-doping.

## **7. Sanctions**

7.1 All athletes, coaches, and relevant personnel are required to abide by this Policy. It is the personal responsibility of each athlete and athlete support person to understand and comply with the Policy,

7.2 Athletes found guilty of anti-doping rule violations will be subject to appropriate sanctions, including but not limited to disqualification, suspension, and financial penalties.

7.3 Repeated violations may result in more severe consequences, including a lifetime ban from participating in cheerleading under the jurisdiction of SportCheer Scotland.

## **8. Review and Amendments**

8.1 This Policy will be reviewed annually to ensure its effectiveness and relevance.

9.2 Amendments to the Policy may be made to align with updates to the World Anti-Doping Code, UK Anti-doping or other relevant national/international standards.